

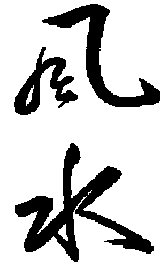
American Feng Shui Institute



FS095 -Introduction to Feng Shui

A brief introduction to the:

American Feng Shui Institute and
Traditional Chinese Feng Shui



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Welcome. I am Sophia Tang Shaul of the American Feng Shui Institute. In 1991, Master Larry Sang started the Institute in the hope that people could learn the difference between what has been popularized in the West as Feng Shui and authentic Chinese Feng Shui. We are pleased that you are exploring this fascinating study with us here.

This introductory seminar is a taste of the information that we provide at the Institute in Los Angeles. We have created our online classes so that many more people, from far and near, can learn and understand traditional Chinese Feng Shui at their convenience.

This seminar is designed as an introduction to Feng Shui and to the Institute's online class curriculum. Additionally, you may interact with our trained instructors through our question and answer bulletin board.

Introduction to Feng Shui



- About the American Feng Shui Institute
- About Master Larry Sang
- Basic Aspects of Feng Shui
- Frequently Asked Questions
- Things mistaken for Feng Shui
- Environment
- Basic Theories
- About Consultations
- The Core Curriculum
- Next Steps

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In this intro-seminar, we will cover the topics listed here:

About the American Feng Shui Institute

About Master Larry Sang

Basic Aspects of Feng Shui

Frequently Asked Questions

Things mistaken for Feng Shui

Environment

Basic Theories

About Consultations

The Core Curriculum

Next Steps

About the Institute



- Founded in 1991
- Continuous classes for 15+ years



Classroom in Los Angeles



Early 90's class in NY

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We appreciate you enrolling in our online seminar. We feel that you should be comfortable with the school presenting this seminar. As such, we have included some information here about the American Feng Shui Institute.

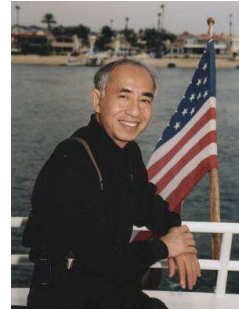
The AFSI has been holding classes every week continuously for more than fifteen years. This is the only Feng Shui school to have such a record of accomplishment.

Many Feng Shui schools have classes occasionally or in different locations all the time. The Institute has an established office and classroom in Monterey Park, California.

About the Institute



- Founded by Master Larry Sang, whose mission was to:
 - Correct Mistakes
 - Help people see the real from the fake
 - Further the research and interest of Feng Shui
 - Correctly utilize Feng Shui so that it benefits all people



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The American Feng Shui Institute was founded in 1991 by Master Larry Sang . The Institute evolved from Master Sang's desire to:

- To correct mistakes committed in various Feng Shui books on the market and to prevent people from being victimized.
- To help people discern real professional Feng Shui practitioners from impostors, and to set Feng Shui apart from superstition, mysticism, and religion.
- To apply the fundamentals of Feng Shui to initiate interest and research in the ancient natural science.
- To utilize Feng Shui correctly such that it benefits all mankind.

About the Institute



Course Catalog

CLASS	DESCRIPTION	TUITION	PREREQUISITE
Feng Shui			
FS101	Recovering Feng Shui	was \$ 245 now: \$160	---
FS101-OL	Recovering Feng Shui - On-line	was \$ 245 now: \$160	---
FS102	Intermediate Feng Shui	was \$ 245 now: \$160	FS101
FS102-OL	Intermediate Feng Shui - On-line	was \$ 245 now: \$160	FS101 or FS101-OL
FS105	Sites and Facets	\$ 150	FS102
FS201	Advanced Feng Shui (2 day class)	was \$ 475 now: \$360	FS102 or FS102-OL
FS201-OL	Advanced Feng Shui On-line 2006	was \$ 475 now: \$360	FS102 or FS102-OL
FS225	Feng Shui Folk Beliefs	\$150	FS201
FS231	Feng Shui Yourself and Your Parents	\$150	FS201
FS235	Symptoms in a House	\$150	FS201
FS250	Explanation of Advanced Feng Shui Theories	\$150	FS201

- Feng Shui Classes
 - Yin House
 - Yang House
- Astrology Classes
 - 4 Pillars
 - Zi Wei Dou Shu
 - Iron Board
 - Palm and Face Reading
- Yi Jing
 - Plum Blossom
 - Coin Divination
- Dao De Jing
 - The ancient Chinese text of wisdom and spiritual teachings

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The AFSI has the largest catalog of classes and offers classes that are unavailable elsewhere.

These include classes in the areas of

Feng Shui, including both theory and practical case studies

Chinese Astrology,

Yi Jing, and

Dao De Jing Philosophy

These classes are offered both online and locally in Monterey Park, CA.

About Master Larry Sang



- Founded the Institute in 1991 after seeing the nonsense surrounding Feng Shui.
- Master of Chinese Astrology as well as Feng Shui
- Holds a Doctorate of Philosophy
- Primary consultant to the largest cemetery chain in the world
- Primary consultant to large banks, real estate firms, and other professional organizations



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4 Aspects of Feng Shui



FENG SHUI

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Now let's talk about the fundamentals of Feng Shui. The foundation for this knowledge consists of four key aspects.

4 Aspects of Feng Shui



Time

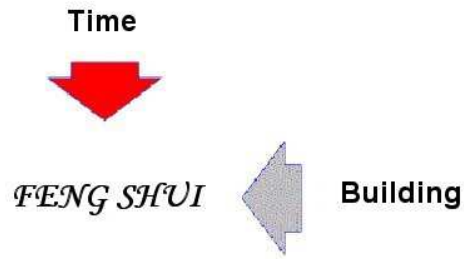


FENG SHUI

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Time

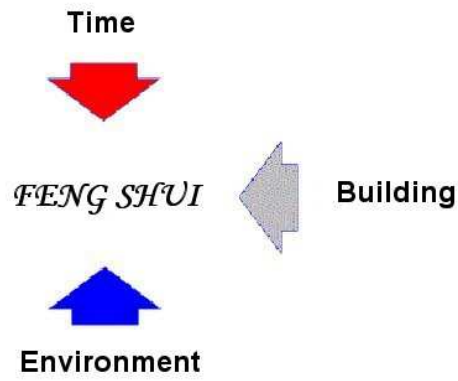
4 Aspects of Feng Shui



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Building

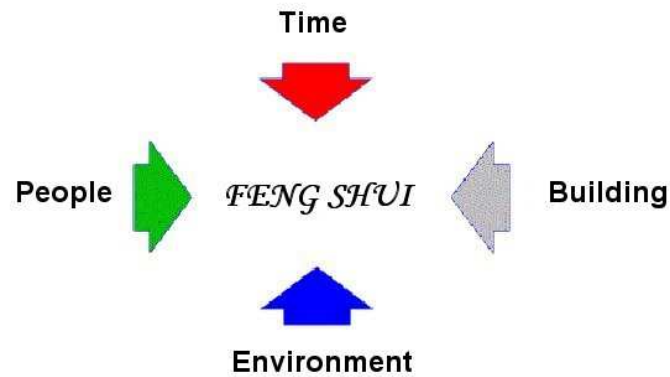
4 Aspects of Feng Shui



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Environment

4 Aspects of Feng Shui



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And People...

The basics of Feng Shui is relatively simple. But from this simplicity comes a lifelong study. Shown here are the four aspects of Feng Shui.

Many schools and practitioners understand building and environment, but they are lacking the keys to the Time and the People aspects. These two are key to an analysis.

Frequently Asked Questions



What is Feng Shui?

What are the basic principles of Feng Shui?

How are the basic principles applied?

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Feng Shui is the ancient Chinese art and science of arranging elements in your environment for the purpose of improving health, wealth, and happiness.

Yin/Yang, the Five Elements, the Eight Trigrams, the East/West compass theory, the solar system, and the environment.

Feng Shui is based upon a set of theories and complex calculations derived from the Yi-Jing. This includes an in-depth understanding and application of the theories of Yin/Yang, along with the balancing of the Five Elements (Wood, Fire, Earth, Metal, and Water) and taking into account a physical relationship between the natural environment and surrounding magnetic fields.

Frequently Asked Questions



How is a Feng Shui reading done?

Are mirrors useful as a Feng Shui correction?

Is Feng Shui only applicable to houses?



A Luopan (Chinese Compass)

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A Feng Shui practitioner uses a Loupan to determine the energy characteristics of a building and its effects on the building's occupants. Calculations are done according to the basic principles. Remedies are prescribed where necessary to balance the energy and produce a positive effect.

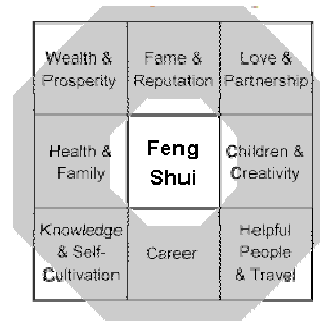
Mirrors are only good for reflecting light and making a small space appear larger. Period.

Feng Shui can be applied to analyze the energy or Qi of a building, city, state, country, or even the world.

Frequently Asked Questions



Should I put water or plants in my left-hand side “money corner?”



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There is no such thing as a left or right hand side “money corner” in classical Feng Shui.

Each house has its own unique energy blueprint. Each house needs to be analyzed individually. There is no “one-size-fits-all” in Feng Shui.

Frequently Asked Questions



Are wind chimes a valid part of Feng Shui?



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Yes, only if they are made of metal and used judiciously. If wind chimes are placed improperly, they can actually cause problems.

Frequently Asked Questions



Is Feng Shui related to Buddhism or Taoism?

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Feng Shui is not related to any religion or belief system. It is a scientific discipline based on the analysis of energy and the environment.

Not Feng Shui



■ Bagua Mirrors



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Everything pictured on these next few pages are not part of authentic Chinese Feng Shui. A few examples of things that are mistakenly considered to be Feng Shui are:

Bagua Mirrors

Crystals

Charms and "cures"

Religious chants or objects

Fish

Coins used symbolically for wealth.

The list goes on and on... Today, there are a lot of misconceptions and misinformation about Feng Shui. It has become a fad or trendy in the West to have a Feng Shui reading. Unfortunately, there are people practicing who do not know the deeper theories of Feng Shui.

Not Feng Shui



■ Crystals



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Crystals are not a concept found in authentic Chinese Feng Shui. This seems to have been a Western addition to the collection of objects perceived to be cures in popular Feng Shui.

Many books write about cures and symbolisms and these cures are purported to create “good” Feng Shui. In reality though, these fall into a three categories:

Asian superstition

Money makers

Complete misunderstanding

Feng Shui has been passed down as an oral tradition for many years. Originally, the knowledge was passed down in the form of poems. These poems used fanciful descriptions and analogies for things that were actually practical. But unless you had the key to these poems, they could easily be misinterpreted.

Not Feng Shui



■ Charms and "cures"



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Feng Shui does not use Charms or Cures. Flutes, Golden Frogs, etc. are not used. As you will soon see, Feng Shui only utilizes the five natural elements of wood, fire, earth, metal and water. There are many misconceptions about Feng Shui.

For example, many people write about the green dragon, the red phoenix, the white tiger, and the black turtle. These are symbolisms from this oral tradition. They were simply ways of explaining the directions metaphorically. Today, people sell these symbols in the forms of statues and charms advertising that they will bring you luck. This of course is not the actual meaning. In reality, they simply represent the directions:

Not Feng Shui



- Fish



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Fish are not the remedy. Rather the element of water is. Fish keep the water moving.

In the Beginning and Intermediate Feng Shui courses, you will find that the 5 Elements of Wood, Fire, Earth, Metal, and Water are the remedies used to balance the qi. The elements can be in any form, such as a bronze bust, or a terra cotta statue. But it is the element that affects the qi of the house, not the design. The design is important in that it has to be pleasing to the eye. We do not want it to be out of place with the decor.

It is our hope that as you read about Feng Shui, you ask "why?" and question the things you read. Everything in Feng Shui has a reason for being applied. If it does not make sense, then it is probably not really Feng Shui. Feng Shui is natural. Further, if it looks like man-made Feng Shui, it is not good Feng Shui.

Not Feng Shui



■ Coins



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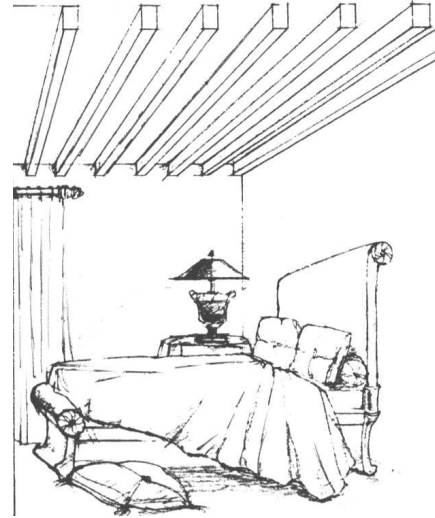
As you learn more about Feng Shui through our courses, you will find out that only the 5 natural elements and certain changes to the environment are considered remedies in authentic Chinese Feng Shui.

The Environment



Examples of Negative Internal Influences on a Building:

- A bed positioned or sitting under an exposed ceiling beam



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Feng Shui is a surprisingly accurate study of the environment. Properly applied, it can make differences in people's health, well being, relationships, and prosperity. The following slides show several examples of environments to be avoided.

This slide shows that you should avoid having a bed under exposed beams. Sleeping under beams can have an impact on health or relationships.

The Environment



Examples of Negative Internal Influences on a Building:

- The main floor broken into varying levels



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Another type of environment you should avoid is homes where the main floor plan is broken into several varying levels. Going up, then down, then down some more as you change rooms is not preferred.

The Environment



Examples of Negative Internal Influences on a Building:

- A bedroom with many odd angles or oddly-shaped houses



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Avoid bedrooms or living spaces with odd angles. Also avoid homes that have strange shapes. The most comfortable homes are square or rectangular houses.

The Environment



Examples of Negative External Influences on a Building:

- A house that is near a cemetery



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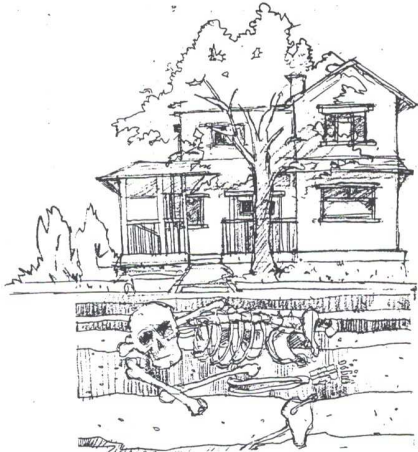
Outside there are things that should be avoided. Homes near a cemetery are not favorable.

The Environment



Examples of Negative External Influences on a Building:

- A house built on a hill near a dumpsite or burial ground



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Avoid having a home near a dump site. Additionally, avoid homes that are on burial sites.

The Environment



Examples of Negative External Influences on a Building:

- A house next to a hospital, police or fire stations



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Avoid having your residence or business right next to fire or police stations. Primarily due to the noise, which can be bothersome.

The Environment



Examples of Negative External Influences on a Building:

- High tension power lines nearby



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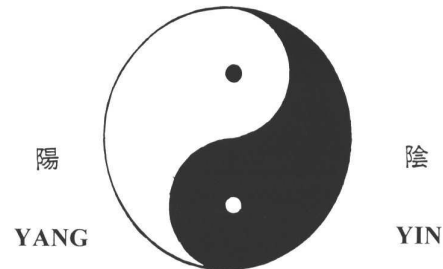
Also avoid homes or buildings that are under or very near to high-tension power lines.

Examples of how to remediate these environmental situations are covered in the online curriculum.

Basic Theories



- Qi
- Yin and Yang
- 5 Elements
- 8 Trigrams



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The following are some of the basic theories of traditional Chinese Feng Shui:

Qi

Yin and Yang

5 Elements

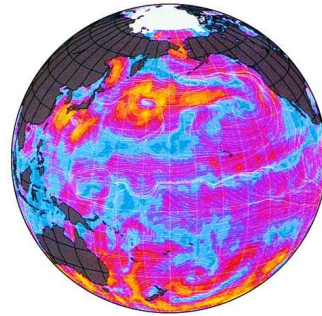
8 Trigrams

We will cover these here briefly. They are covered in more depth in the online classes.

Basic Theories



■ Qi (energy)



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Qi is simply "life energy." It is the energy that gives life here on Earth. Feng Shui literally means "Wind and Water. Wind disperses qi and water holds qi. These can be considered transports for the qi. If you think about the Earth, it is covered by air or water. These are the mediums through which qi flows.

If you were to travel into space, you need light, heat, gravity, and other energies to maintain life. Qi is the summation of those energies that bring life.

In buildings or homes, there is qi. This qi can be supportive or inauspicious. By using Feng Shui, we can enhance the good and reduce the unfavorable.

Basic Theories



■ Yin and Yang



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Yin and Yang are the two rudimentary divisions of Qi. Just like electricity has positive and negative charges, Yin and Yang explain the contrary and dependant nature of qi. Without night, there could be no day. Without light, there could be no dark. They are two sides of the same coin.

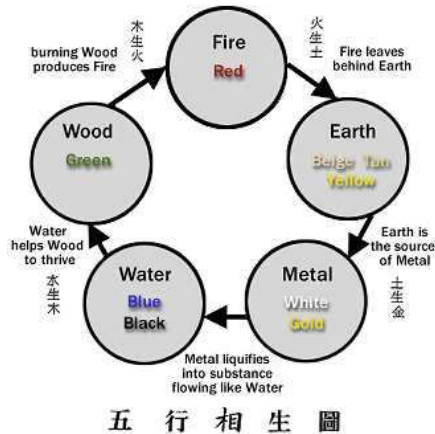
The key is to find the balance between Yin and Yang. It is in this balance that people prosper. Too dark and it is depressing. Too light and it is disturbing and distracting.

The image here is called the Tai-ji. It is the representation of Yin and Yang. This shows clearly the rise of the Yang, and the descent of the Yin. Within each is a part of the other. It is a complete cycle. Just with all things in Feng Shui, the energy is always cycling. There is no fixed location for a particular type of qi. All things undergo change. This is basis for the Yi Jing, which is the Chinese Oracle (book) of Change. The American Feng Shui Institute offers classes on this deep study as well.

Basic Theories



■ 5 Elements



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The five natural elements of Wood, Fire, Earth Metal, and Water are the only solutions used to balancing the qi in traditional Chinese Feng Shui. These elements all enhance, reduce or dominate the qi in and around the living space. Elements can be used in various forms such as an aquarium, a brass pot, a jade statue, or even a red rug. The key thing is that the remedies are actually comprised of one of the five elements.

In Feng Shui, there are elemental cycles as shown here. These are the keys to understanding how to remedy a room.

By utilizing the cycle of the elements we can determine which element is used to balance the qi.

Basic Theories



■ 8 Trigrams

SE Xun ☱ WOOD 4	S Li ☲ FIRE 9	SW Kun ☷ EARTH 2
E Zhen ☳ WOOD 3	Center ☵ EARTH 5	W Dui ☱ METAL 7
NE Gen ☶ EARTH 8	N Kan ☵ WATER 1	NW Qian ☰ METAL 6

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From the underlying theories within this chart, we can find both your own trigram and the trigram of the house. Once you have both of these trigram types, you can determine how your house interacts with you and see what is favorable and unfavorable in your home.

The Consultation



- The 4 things that a practitioner needs:
 1. The birth dates of the occupants.
 2. The date the building was built.
 3. A proportional floor plan.
 4. An appointment to actually see the building.



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If you are considering a consultation and are just doing research, please be aware that these are the four things that your practitioner should ask from you.

The birth dates of the occupants.

The date the building was built.

A proportional floor plan.

An appointment to actually see the building. - It is important that they actually see the home or office first hand. Feng Shui involves all of the senses.

The Core Curriculum



- Beginning Feng Shui
- Intermediate Feng Shui
- Advanced Feng Shui



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If you are thinking about learning more about Feng Shui, let us share a little bit about the class work. The AFSI Feng Shui core curriculum is the foundation for Feng Shui application. Each class contains key information that together builds upon one another.

Beginning Feng Shui Class



- Learn the foundation theories
- Learn how to map your favorable and unfavorable directions
- Learn the 8 House Method (East/West method)
- Begin to learn about applying Feng Shui to kitchens and bedrooms



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The Beginning class provides an emphasis on the East/West method and groundwork knowledge (Qi, Yin and Yang, 5 Elements, 8 Trigrams).

Many well-known Feng Shui Masters today, use the East/West Method. Together with the Xuan Kong method, they assist people with such things as having a baby or finding a life partner.

In the Beginning Feng Shui class, you will learn more about the basic aspects of Feng Shui. You will also begin to analyze your home and learn how you interact with your house. You will explore the eight trigrams in depth, including how to actually use Feng Shui to find a specific body ailments. The class builds a solid foundation for learning Feng Shui.

Intermediate Feng Shui Class



- Learn about the Xuan Kong method
 - House Trigram
 - The Annual Qi
- Learn about the Environment
 - Inside Environment
 - Outside or “Greater” environment



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The Intermediate class continues into the Environmental Study and the Xuan Kong (time and space) method.

The Intermediate class teaches you the Xuan Kong (or time and space method) of Feng Shui. This method is used to predict the qi (energy), both auspicious and inauspicious for the current year. In Xuan Kong method, there is the big Xuan Kong and the small Xuan Kong method. The small Xuan Kong method is for reading a building. The big Xuan Kong is for reading a city, state, or even an entire country. A large project, such as an airport, would be an example of how one would use the big Xuan Kong method.

There are two common misunderstandings of the East/West teachings. The first misunderstanding is when a person thinks that after learning this material, they fully know Feng Shui and the technique is very easy to learn and apply. A second misunderstanding, and one of the most critical for all Feng Shui learners, is that the East/West is simple and not as powerful as the Xuan Kong method. This is simply not true.

Advanced Feng Shui Class



- Learn the deeper theories of Xuan Kong
- Learn to apply the knowledge
- Analyze cases
- View an online slide show



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The Advanced Class teaches a higher level Xuan Kong method, along with how to bring all of these aspects together in practical application.

The Advanced Class teaches you how to bring together the East/West and Xuan Kong methods to plan a custom home. The material taught here is used for average homes to the luxurious, for commercial buildings to real estate land development.

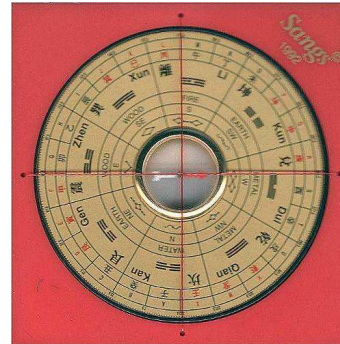
The AFSI teachings are based on the practical application of Feng Shui knowledge. This class material is currently being used daily in legitimate Feng Shui analyses, all over the world. With the knowledge provided in the core Feng Shui classes, the AFSI provides Feng Shui consultation services to various international firms and dignitaries.

Only when one goes to a higher level, does one see the power of using East/West with Xuan Kong together to help people to have a baby, to assist people in walking their life partner to the wedding chapel, and in helping someone to recover to better health. Today of course, there are Feng Shui practitioners who know well how to apply these two teachings together, but their numbers are very few.

Next Steps



- Taking a class at the Institute
 - In Person
 - On-line



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We hope that this has been a useful introduction to traditional Chinese Feng Shui. This class was meant to introduce you to the subject of Feng Shui and to give you an idea of how the on-line classes are structured. If you are interested in taking a class, take a moment and imagine being able to actually "read" a house. A properly trained practitioner can reveal problems through an analysis, just as if they were reading a book! When you understand Feng Shui correctly, you realize things such as:

What makes the second daughter in the family suffer from eye problems.

Understand what causes the youngest son to break his arm in a particular house.

When you examine a house, you are able to see areas that have the potential for creating a new romance, generating wealth and authority, and can create scholastic achievement and creativity.

Begin your journey into a lifetime of fulfillment with Feng Shui. We encourage you to start here and now.

Next Steps



Begin your exploration now!

THANK YOU!



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You will shortly have a window appear for our **secure** enrollment system. We invite you to take the first of many classes, that we know you will enjoy. Once you enroll, you will receive an email with instructions on how to access the class materials and forums. Please momentarily disable any popup blocking, so that you may be taken to our class information page.

On behalf of Master Sang and the other instructors here, we thank you for your participation. We hope you enjoyed this presentation. This fascinating art and science is a lifelong study and the American Feng Shui Institute is the premier learning institution for you to learn Feng Shui, Chinese Astrology, Yi Jing, Chinese Arts, and Chinese Philosophy.